

# RAHUL SHARMA

Mumbai, Maharashtra | rahulsharma.hse@gmail.com | +91 98765 43210 | linkedin.com/in/rahulsharma-hse

## PROFESSIONAL SUMMARY

Motivated and safety-focused fresher with a Diploma in Industrial Safety and strong knowledge of HSE practices including risk assessment, hazard identification, permit to work systems, and incident reporting. Trained in construction and industrial safety standards with hands-on exposure through internship and academic projects. Committed to maintaining a safe and compliant work environment.

## TECHNICAL SKILLS

**Safety Skills:** Risk Assessment, Hazard Identification, Incident Investigation, PTW System, Toolbox Talks

**Safety Knowledge:** PPE Compliance, Fire Safety, Emergency Response, Safety Audits

**Standards:** Basic knowledge of OSHA, NEBOSH, and ISO 45001

**Tools:** MS Excel, MS Word, PowerPoint

## PROFESSIONAL EXPERIENCE

**Safety Intern | ABC Construction Pvt. Ltd.**

Jan 2025 – Mar 2025

Mumbai, India

- Assisted in daily site safety inspections and hazard identification
- Conducted toolbox talks for workers on PPE and safe work practices
- Monitored PPE compliance and reported unsafe acts and conditions
- Maintained safety records, checklists, and incident reports

## PROJECTS

**Construction Site Safety Risk Assessment**

Feb 2025 – Mar 2025

- Conducted hazard identification for excavation and working at height activities
- Evaluated risks and suggested control measures as per HSE standards
- Prepared detailed safety report and recommendations

**Fire Safety Awareness Program**

- Organized awareness session on fire prevention and emergency response
- Demonstrated proper use of fire extinguishers

## CERTIFICATIONS & ACHIEVEMENTS

- NEBOSH IGC (Pursuing)
- IOSH Managing Safely
- OSHA 30-Hour Construction Safety
- First Aid & Fire Safety Training Certified
- Participated in National Safety Day awareness program

## EDUCATION

**Diploma in Industrial Safety**

National Institute of Safety Management, Mumbai

2023 – 2024

**B.Sc. (Mechanical Engineering)**

Mumbai University

2020 – 2023